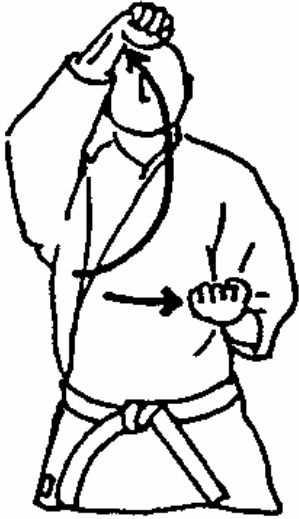


5. Uke (Abwehr) :

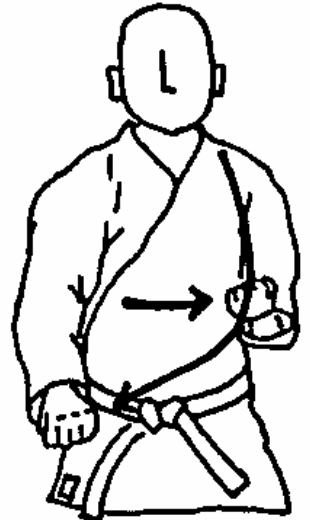
Jodan-Uke



Chudan-Uke
(Yoko-Uke)



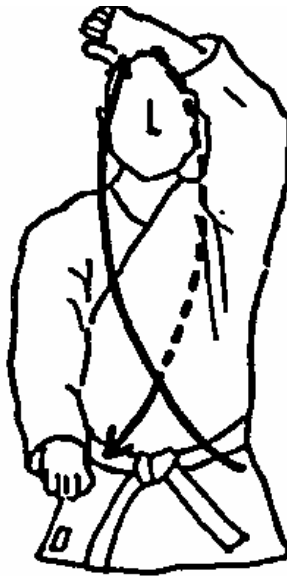
Haraitoshi-Uke
(Gedan-Barai)



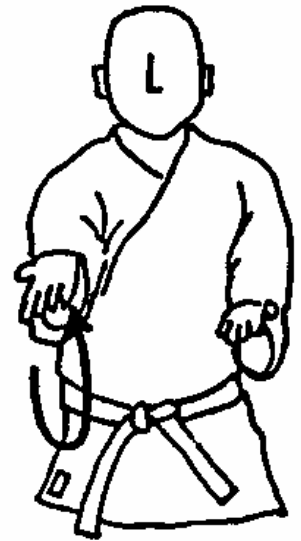
Yoko-Uke Shite-Barai
(Joge-Uke)



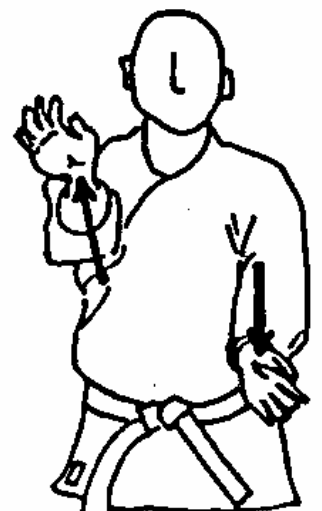
Uwa-Uke Shita-Barai



Teisho-Uke



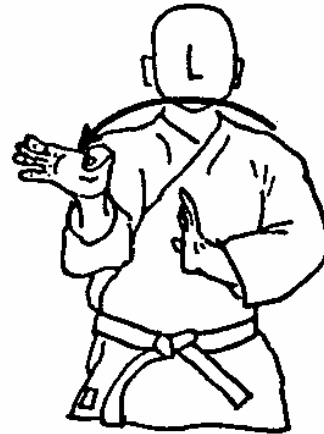
Mawashi-Uke



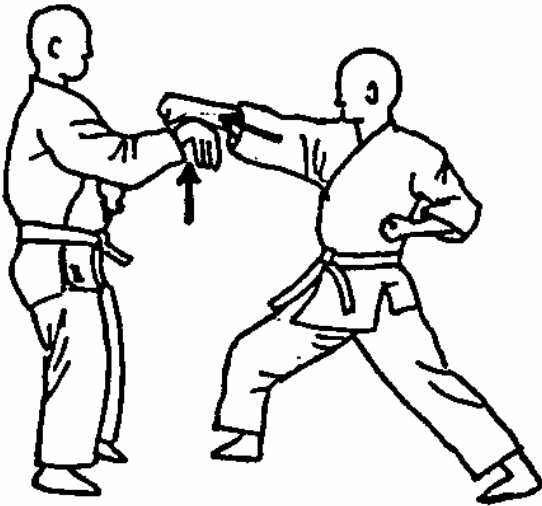
Shuto-Uke



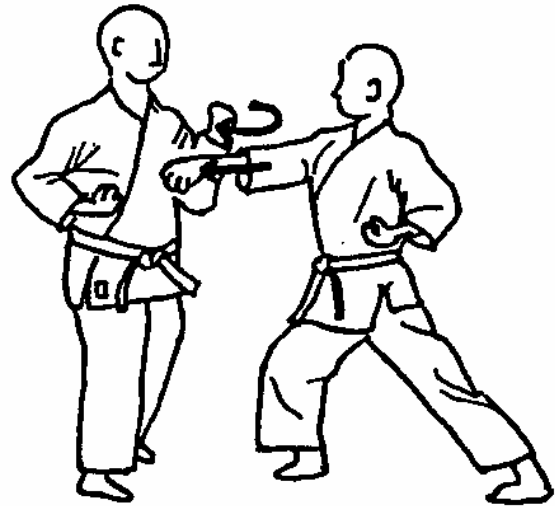
Kake-Uke



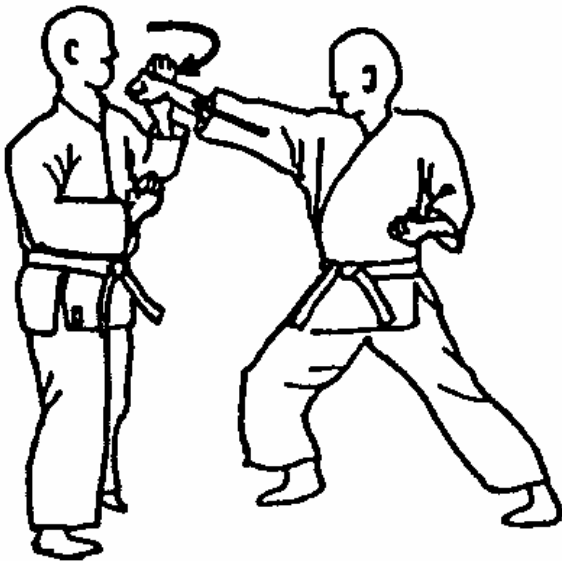
Kakuto-Uke



Kote-Uke



Nagashi-Uke



Hira-Uke

