

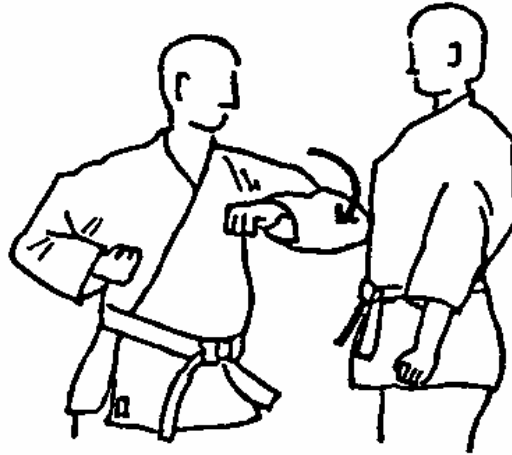
7. Ate (Oberschenkel- und Oberarmschlag):

Hiji-Ate

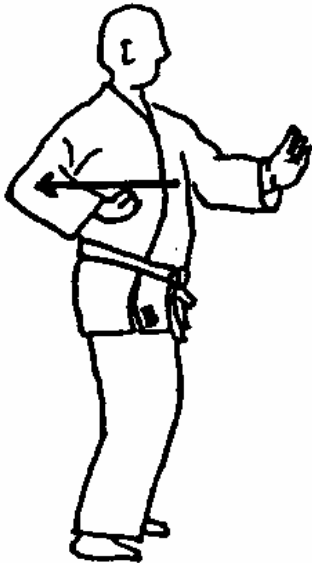
(Zenpo)



(Yoko)



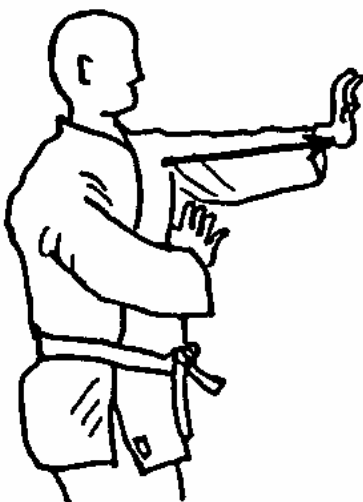
(Koho)



(Otoshi)



Teisho-Ate



Kakuto-Ate

